

# WINTER 2020 PROGRAM

Classes are held once a week for a total of 10 lessons from January to March 2020

Registration via email begins at 6:30am on Friday, December 6th - email address info@swimLPA.com

\*For "daytime" classes held Tuesday through Thursday from 10:00am to 2:30pm, all Adult and Bronze Star classes  
- advance registration begins on Monday, November 25th via email at 9:00am\*

	Age	# Per Class	Length of Class	Fee 10 les	Monday Starting Jan 13	Tuesday Starting Jan 14	Wednesday Starting Jan 15	Thursday Starting Jan 16	Saturday Starting Jan 11	Sunday Starting Jan 12
Parent & Tot	6m-3yr	8	40 min	\$230					10:00am	10:45am
Aqua 1 (30-36 months)	30-36 mths	4	40 min	\$265						
Aqua 1 (3-6yrs) - must be 3 yrs of age no exceptions	3-6yrs	4	40 min	\$265	4:45pm	4:45pm	4:00pm 6:15pm	4:45pm 5:30pm	10:00am 11:30am	10:00am 10:45am 1:00pm 1:45pm
Aqua 2 (3-6yrs)	3-6yrs	4	40 min	\$265	5:30pm 6:15pm	10:00am* 4:00pm	7:00pm	4:00pm	2:30pm 3:15pm	9:15am 2:30pm 4:00pm
Aqua 3 (3-6yrs)	3-6 yrs	4	40 min	\$265	5:30pm 6:15pm	1:45pm*	1:00pm* 7:00pm	4:00pm 4:45pm	2:30pm 3:15pm	9:15am 2:30pm
Aqua 4 (3-6yrs)	3-6 yrs	4	40 min	\$265	7:00pm	4:45pm	4:00pm 6:15pm	10:45am* 5:30pm	11:30am	1:00pm 1:45pm
Aqua 5 (3-6yrs)	3-6yrs	4	40 min	\$265	7:00pm	4:00pm	4:00pm 6:15pm	10:45am* 4:45pm	11:30am	1:00pm
Aqua 6 (3-6yrs)	3-6 yrs	4	40 min	\$265		4:00pm	7:00pm			1:45pm
Aqua 7 or 8 (3-6yrs)	3-6 yrs	4	40 min	\$265			7:00pm			4:00pm
Aqua 1, 2 combined	6 & up	6	40 min	\$230		7:00pm				
Aqua 3	6 & up	6	40 min	\$230					1:45pm	
Aqua 4	6 & up	6	40 min	\$230				7:00pm		10:00am
Aqua 5	6 & up	6	40 min	\$230	4:45pm	7:00pm		7:00pm	1:45pm	10:00am
Aqua 6	6 & up	6	40 min	\$230	5:30pm	4:45pm 7:00pm			1:00pm	9:15am 11:30am
Aqua 7	6 & up	8	60 min	\$230	4:00pm	5:30pm		6:15pm	12:15pm	11:15am 3:00pm
Aqua 8	6 & up	8	60 min	\$230	4:00pm	5:30pm		6:00pm	12:00pm	12:00pm
Aqua 9	6 & up	8	60 min	\$230		6:15pm	4:30pm		3:45pm	12:15pm
Rookie Patrol	8 & up	8	60 min	\$230		7:30pm	4:45pm		9:00am	
Aqua 10	8 & up	8	60 min	\$230	7:30pm		5:30pm		4:00pm	
Ranger Patrol	8 & up	8	60 min	\$230				7:30pm		3:15pm
Aqua 11	10 & up	8	60 min	\$230	7:45pm		7:45pm			
Star Patrol	10 & up	8	60 min	\$230		7:45pm			4:30pm	
Aqua 12	10 & up	8	60 min	\$230			7:45pm		9:15am	
Bronze Star	11-12yrs	8	90 min	\$360				7:15pm*		4:45pm*
Bronze Medallion	13 yrs	12			Not offered until the Spring Program					
Bronze Cross	14 yrs	12			Not offered until the Spring Program					
Assistant Instructor	15 yrs	12			Not offered until the Spring Program					
Aqua Adult 1 (beginner)		4	45 min	\$270	8:30pm*		10:00am*			
AquaAdult 2 (intermediate)		4	45 min	\$270	8:30pm*		10:00am*			
AquaAdult 3 (advanced)		4	45 min	\$270	8:30pm*		10:00am*			
AquaFitness	\$8/class		60 min			9:00am	9:00am	9:00am		

**One instructor per class. Some evening and weekend classes may have assistants with the instructor.**

All 60 minute classes include a 15 minute water safety class. Age requirements are a guideline to aid your child to be successful.

Bronze Star course includes Basic First Aid and CPR A.

Bronze Medallion course includes Emergency First Aid and CPR B. Must be 13 years of age by exam date.

Prerequisite for Bronze Cross is Bronze Medallion. BC course includes Standard First Aid and CPR C. Must be 14 years of age by exam date.

Prerequisite for Assistant Instructor is "current" Bronze Cross. Students are required to complete 15 hours of volunteer water safety hours during session.

All Lifesaving level fees include cost for manuals, award fees and exam fees.

ALL FEES ARE SUBJECT TO 13% HST.