

WINTER PROGRAM

Classes are held once a week for a total of 10 lessons from January to March 2019

Registration via email begins at 6:30am on Friday, November 30th - email address info@swimLPA.com

For "daytime" classes held Tuesday through Thursday from 10:00am to 2:30pm, all Adult classes and all Bronze Star, Medallion, Cross and Assistant Instructor classes - advance registration begins on Monday, November 26th via email at 9:00am

| | Age | # Per Class | Length of Class | Fee 10 les | Monday Starting Jan 14 | Tuesday Starting Jan 15 | Wednesday Starting Jan 16 | Thursday Starting Jan 17 | Saturday Starting Jan 12 | Sunday Starting Jan 13 |
|--|------------|-------------|-----------------|----------------|------------------------|--------------------------------------|---------------------------|---------------------------|-----------------------------|-------------------------------|
| Parent & Tot | 6m-3yr | 8 | 40 min | \$225 | | 10:45am* | | | 10:00am | 10:45am |
| Aqua 1 (30-36 months) | 30-36 mths | 4 | 40 min | \$260 | | 10:00am* | | | | |
| Aqua 1 (3-6yrs) - must be 3 yrs of age no exceptions | 3-6yrs | 4 | 40 min | \$260 | 4:00pm | 10:00am* 1:00pm* 4:45pm 7:00pm | 5:30pm 7:00pm | 10:00am* 5:30pm 6:15pm | 10:00am 4:00pm 4:45pm | 10:00am 10:45am 11:30am |
| Aqua 2 (3-6yrs) | 3-6yrs | 4 | 40 min | \$260 | 4:45pm | 1:45pm* 4:00pm 6:15pm | 2:30pm* 4:45pm | 10:00am* 7:00pm | 10:45am 2:30pm 3:15pm | 9:15am 1:45pm 2:30pm |
| Aqua 3 (3-6yrs) | 3-6 yrs | 4 | 40 min | \$260 | 4:45pm | 2:30pm* 6:15pm 7:00pm | 10:45am* 4:45pm | 7:00pm | 10:45am 2:30pm 3:15pm | 9:15am 1:45pm 2:30pm |
| Aqua 4 (3-6yrs) | 3-6 yrs | 4 | 40 min | \$260 | 4:00pm 7:00pm | 2:30pm* | 10:45am* 4:00pm 7:00pm | 5:30pm | 1:45pm 4:00pm | 10:00am 11:30am |
| Aqua 5 (3-6yrs) | 3-6yrs | 4 | 40 min | \$260 | 4:45pm 7:00pm | 4:00pm | 1:45pm* 6:15pm | | 1:00pm 4:00pm | 10:00am |
| Aqua 6 (3-6yrs) | 3-6 yrs | 4 | 40 min | \$260 | | 4:45pm | 1:45pm* 4:00pm | | | 1:45pm |
| Aqua 7 (3-6yrs) | 3-6 yrs | 4 | 40 min | \$260 | | 4:45pm | 1:45pm* 2:30pm* 4:00pm | | | 1:45pm |
| Aqua 1, 2 combined | 6 & up | 6 | 40 min | \$225 | | | | | 1:45pm | |
| Aqua 3 | 6 & up | 6 | 40 min | \$225 | | | 7:00pm | | | |
| Aqua 4 Semi-Private Aqua 4 | 6 & up | 6 3 | 40 min | \$225 \$300 | | 4:00pm | 5:30pm | | 4:45pm | (SP) 4:00pm |
| Aqua 5 | 6 & up | 6 | 40 min | \$225 | | 7:00pm | 5:30pm | | 4:45pm | 11:30am |
| Aqua 6 | 6 & up | 6 | 40 min | \$225 | | 6:15pm | 4:45pm | 6:15pm | 2:30pm 1:45pm | 9:15am 2:30pm |
| Aqua 7 | 6 & up | 8 | 60 min | \$225 | | 5:30pm | 6:15pm | 4:00pm | 11:30am | 3:00pm |
| Aqua 8 | 6 & up | 8 | 60 min | \$225 | 5:15pm | 4:30pm | | 6:15pm | 11:15am | 12:15pm |
| Aqua 9 | 6 & up | 8 | 60 min | \$225 | | 5:15pm | | 4:00pm 7:30pm | 12:15pm | 12:45pm |
| Rookie Patrol | 8 & up | 8 | 60 min | \$225 | 6:00pm | | | 4:45pm | | 12:45pm |
| Aqua 10 | 8 & up | 8 | 60 min | \$225 | 5:30pm | | 7:45pm | | 12:00pm | 3:15pm |
| Ranger Patrol | 8 & up | 8 | 60 min | \$225 | | | | 4:30pm | | 12:15pm |
| Aqua 11 | 10 & up | 8 | 60 min | \$225 | | | | 7:45pm | | 4:45pm |
| Star Patrol | 10 & up | 8 | 60 min | \$225 | | 7:30pm | | | | |
| Aqua 12 | 10 & up | 8 | 60 min | \$225 | | 7:45pm | | | | 4:45pm |
| Bronze Star | 11-12yrs | 8 | 90 min | \$325 | | | 7:15pm* | | | |
| Bronze Medallion | 13 yrs | 12 | 2.25 hrs | \$465 | | | | | | 4:45pm* |
| Bronze Cross | 14 yrs | 12 | 2.75 hrs | \$440 | 6:30pm* | | | | | |
| Assistant Instructor | 15 yrs | 12 | 1.75 hrs | \$375 | | | | | 9:15am* | |
| Aqua Adult 1 (beginner) | | 4 | 45 min | \$265 | | 8:30pm* | 10:00am* | | | |
| AquaAdult 2 (intermediate) | | 4 | 45 min | \$265 | | 8:30pm* | 10:00am* | | | |
| AquaAdult 3 (advanced) | | 4 | 45 min | \$265 | | 8:30pm* | 10:00am* | | | |
| AquaFitness | \$8/class | | 60 min | | | 9:00am | 9:00am | 9:00am | | |

One instructor per class. Some evening and weekend classes may have assistants with the instructor.

All 60 minute classes include a 15 minute water safety class. Age requirements are a guideline to aid your child to be successful.

Bronze Star course includes Basic First Aid and CPR A.

Bronze Medallion course includes Emergency First Aid and CPR B. Must be 13 years of age by exam date (Tuesday, April 2nd, 6:30pm to 8:30pm).

Prerequisite for Bronze Cross is Bronze Medallion. BC course includes Standard First Aid and CPR C. Must be 14 years of age by exam date (Wednesday, April 3rd 6:30pm to 9:00pm).

Prerequisite for Assistant Instructor is "current" Bronze Cross. Students are required to complete 15 hours of volunteer water safety hours during this session.

All Lifesaving level fees include cost for manuals, award fees and exam fees.

ALL FEES ARE SUBJECT TO 13% HST.